



City of
Stoke-on-Trent



QUIT SMOKING AND BREATHE

Quit smoking for good and have a smokefree future.

If you live, work, study, are registered with a GP in Stoke on Trent, are pregnant or quitting for your mental health, we're here for you.

Our expert Health Coaches will provide you with one-to-one personalised support including:

- Free vapes to help you quit
- Nicotine Replacement Therapy such as gum, patches and inhalators

Get started now

Visit: quitsmokingstoke.co.uk

Call: **0808 169 1869**

*Eligibility criteria apply



SCAN ME

**Better
Health** | **LET'S
DO THIS**

QUIT
SMOKING **STOKE-ON-TRENT**

